

Come and join us at our Face to Face or *Virtual* Carer Support Groups in JUNE 2022

Date	Details
Wed 1 st June 10.00am – 12.00pm	Face to face: Broxtowe Carer Support Group with Hayley Venue: Chilwell Community Centre, Inham Road, Inham Nook, Chilwell, NG9 4HX First Aid Training from British Red Cross
Mon 6 th June 12.30pm – 2.30pm	Face to face: Asian Women Carer Support Group with Noreen Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY
Tues 7 th June 1.30pm – 3.30pm	Face to face: Rushcliffe Carer Support Group with Catherine Venue: Church of the Holy Rood, Village St, Edwalton, NG12 4AB
Wed 8 th June 10.30am – 12.30pm	Face to face: Worksop Carer Support Group with Lauren Venue: The Crossing Church, Newcastle Street, Worksop, S80 2AT
Thurs 9 th June 10.00am – 12.00pm	Face to face: Newark & Sherwood Carer Support Group with Dee Venue: Newark Beacon Centre, Gresham Suite, Cafferata Way, Newark NG24 2TN Craft session: Weaving
Fri 10 th June 10.00am – 12.00pm	Face to face: Mansfield Carer Support Group with Lana The Oak Room, Mansfield CVS, Community House, 36 Wood St, Mansfield, NG18 1QA Guest speaker: Insight Healthcare
Mon 13 th June 1.00pm – 3.00pm	Face to face: Bulwell Carer Support Group with Becca Venue: Ravensworth Road Methodist Church, Bulwell NG6 8FN Dementia Coffee Afternoon in aid of Dementia UK
Mon 13 th June 1.30pm – 3.30pm	Face to face: Ashfield Carer Support Group with Fatima New Venue: Health & Wellbeing Centre, Portland Rd, Kirkby in Ashfield NG17 7AE
Tues 14 th June 10.30am – 12.30pm	Face to face: Gedling Carer Support Group with Helene Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX Guest speaker: Benefits Information & Advice
Wed 15 th June 2.00pm – 3.00pm	<u>VIRTUAL</u>: Afro-Caribbean Carer Support Group with Jazz Virtual session via Zoom, book on to receive the link
Thurs 16 th June 1.00pm – 3.00pm	<u>VIRTUAL</u>: Carer's Café via Zoom with Kayleigh Virtual session via Zoom, book on to receive the link
Mon 20 th June 1.00pm – 3.00pm	Face to face: St Anns / Mapperley Carer Support Group with Noreen Venue: St Anns Valley Centre, 2 Livingston Road, St Anns NG3 3GG
Thurs 23 rd June 12.30pm – 2.30pm	NEW Face to face: Parent Carer Support Group with Helene Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX
Thurs 23 rd June 7.00pm – 8.00pm	<u>VIRTUAL</u>: Parent Carer Support Group with Helene Virtual session via Zoom, book on to receive the link
Fri 24 th June 12.00pm – 2.00pm	Face to face: Clifton Carer Support Group with Christina Venue: Clifton Community Centre, Southchurch Drive, Clifton NG11 8AR
Mon 27 th June 11.00am – 1.00pm	Face to face: Hyson Green Carer Support Group Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY
Wed 29 th June 10.30am – 12.30pm	Face to face: Retford Carer Support Group with Catherine Venue: The Well, Hospital Road, Retford DN22 7BD

Virtual support groups delivered via Zoom, book to receive the link. To book, contact:
Email: nottinghamshirehub@tuvia.org / Tel: 0115 8248 824